

The Joker and Violence as a Resource

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The process of psychological transformation of the villain that draws a parallel with our society.

The Joker, Batman's antagonistic villain, and his constant manifestation submerged in delirium perfectly reflect the process of psychological transformation suffered by an individual who, little by little, finds in violence the only authentic resource of expression.

There are innate dominant instincts linked to these expressions that are part of our existence and that we must learn to control as we grow up. These are behaviors that are acquired by imitating close members with the same behavior.

The truth is that living in society limits our aggressive expressions, knowing that self-regulation is essential for healthy coexistence and consensus. But how do we learn to deal with the frustration that things aren't always the way we want them to be?

Part of learning is understanding that frustration is a fundamental part of development; repetition makes practice and that leads to learning. You cannot conceive of an achievement as such without first having experienced failure.

The integration of the no as a construction of the limit is necessary for a correct development of potentialities, understanding success as a sum of social exchanges and experiences that implies moving out of the comfort zone and facing our anxieties.

The breakdown of institutions, the lack of public trust and the community in decline that are seen in Gotham City, but which may refer to a latent reality, are some of the main causes of the lack of self-regulation that gives rise to impulsiveness of excessive acts.

The absence of a social context that allows construction by overcoming difficulties through a personal journey hides a false security that is manifested by the immediate response to the search for a pleasant life and personal satisfaction that does not give rise to disappointment. The supremacy of desire and the search for immediate pleasure refer to a stimulation whose response offers us nothing more than a feeling of long-term structural dissatisfaction.

Intolerance is related to the inability to face that narcissistic wound, the anger of not being able to do something whose final consequence is the real limit. The main drawback is that, when the limit as such and concrete appears, we do not have the resources to deal with that situation, mainly because we are immersed in a Gothic reality of heroes and villains where everything is offered to us as if we were the bat with cape and all. It can be considered that aggressiveness is a consequence of non-tolerance for waiting and immediate dissatisfaction.

The way we channel our basic emotions resides in each one of us. Our resources made available, always thinking of an empathic response that seeks the common good, is substantial to achieve a true socio-community commitment.

The real challenge is to seek consensus through dialogue and exchange, understanding that violence cannot be a normalized mode of expression with harmful consequences for the parties involved. Let's promote respect and tolerance by building consensus, let's avoid being villains or superheroes.

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